

ANNA LUNDBERG BIO

Anna Lundberg is the founder of [One Step Outside](#), where she helps experienced professionals around the world design a career, a business and a lifestyle that brings them more freedom, flexibility and fulfilment - outside of the conventional 9 to 5.

Ex-Oxford, ex-Procter & Gamble, today she combines over a decade of experience in global branding and digital marketing roles with her training in coaching and positive psychology techniques to help people reimagine the next phase of their career.

Anna offers a blend of life coaching and business mentoring on a one-on-one basis and in a group setting.

She is the host of the [Reimagining Success podcast](#) and author of [Leaving the Corporate 9 to 5: Stories from people who've done it \(and how you can too!\)](#).

As seen in:



For expert comment on the topics of redefining success, personal branding or work-life integration, or to book Anna as a speaker at your event or as a guest on your podcast, email anna@annaselundberg.com.

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